

RESHMA VALLIAPPAN
Truth About Mental Health

Truth About Mental Health

Truth About Mental Health looks at everyday anecdotes of living with mental illness.

I personally don't believe in the label of mental illness.

I believe that there is an experience that can't be explained in regular language.

I believe that I have a creative illness and hence the only treatment for it is creativity.

This series was done in combination of work under [The Red Door](#) to raise awareness of the same
and question these mental illnesses.

For orders, inquiries or to commission an art work: email info@valresh.com



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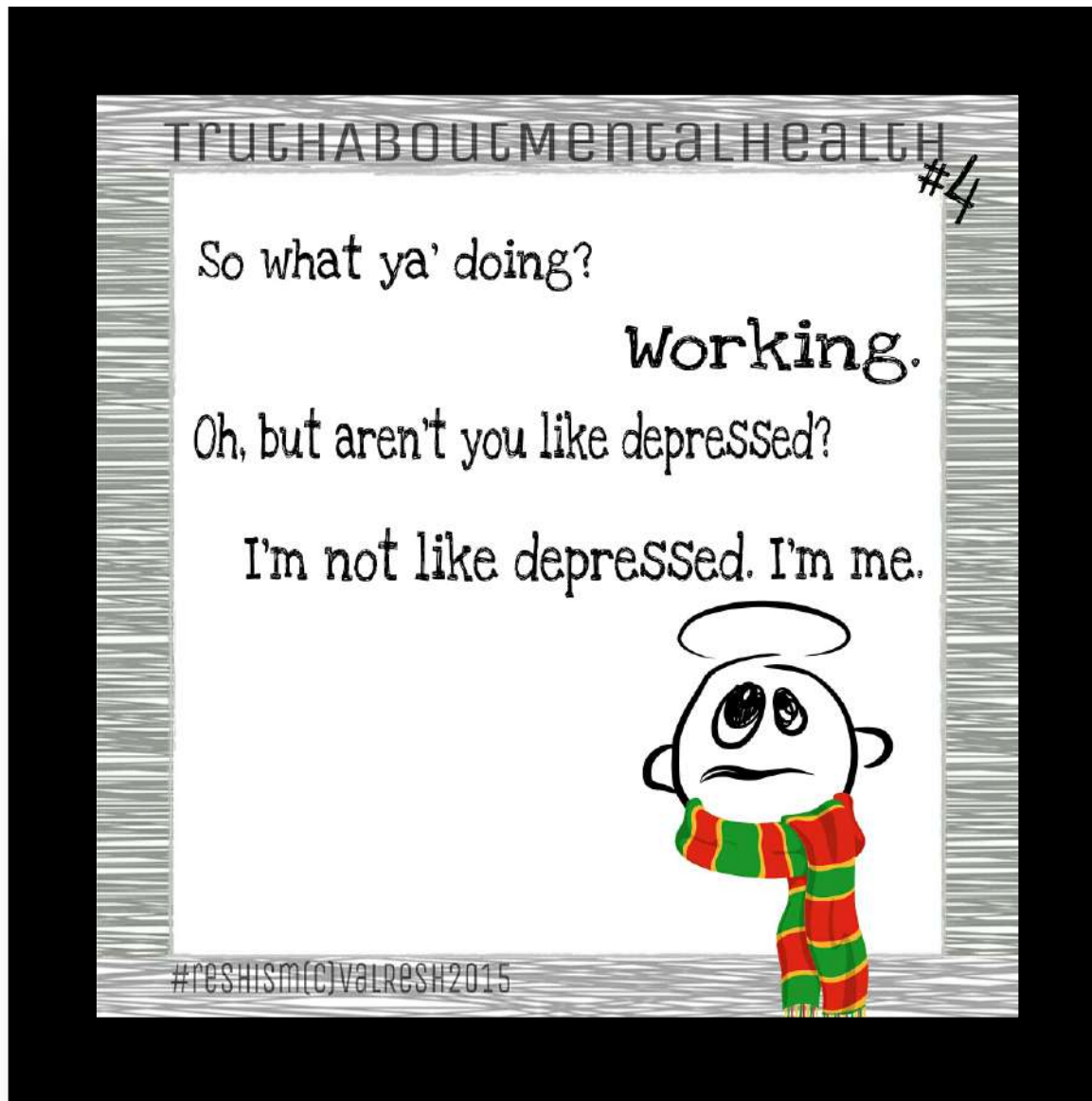
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TRUTH ABOUT MENTAL HEALTH

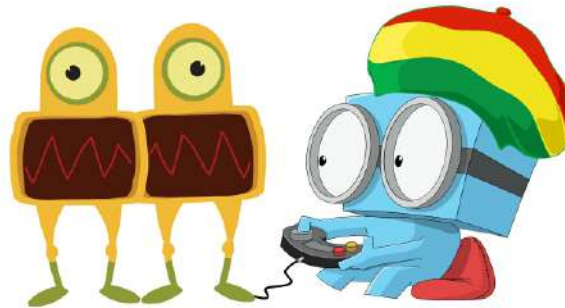
#5

Why don't you get a job?

I have one. I work from home.

That's a loner thing. NO wonder
you're depressed.

No. It's a dream thing. I'm living it.



#RESHISM(C)VALRESH2015

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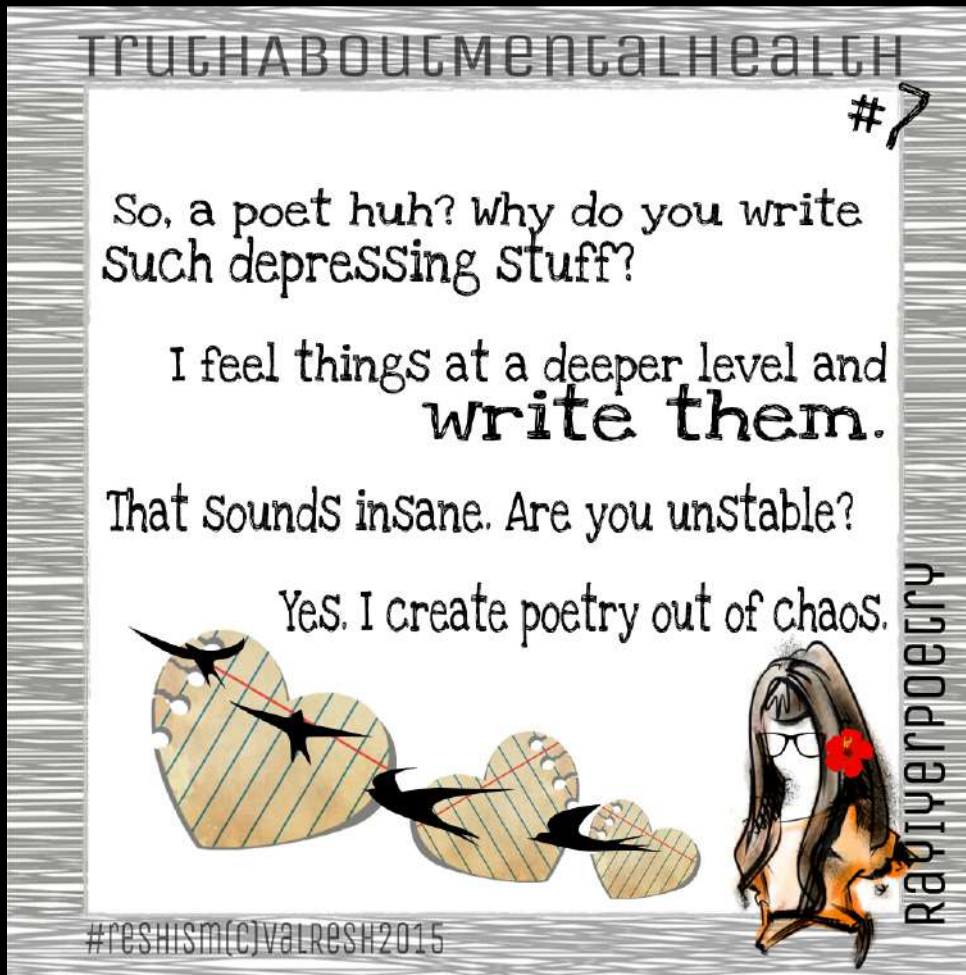
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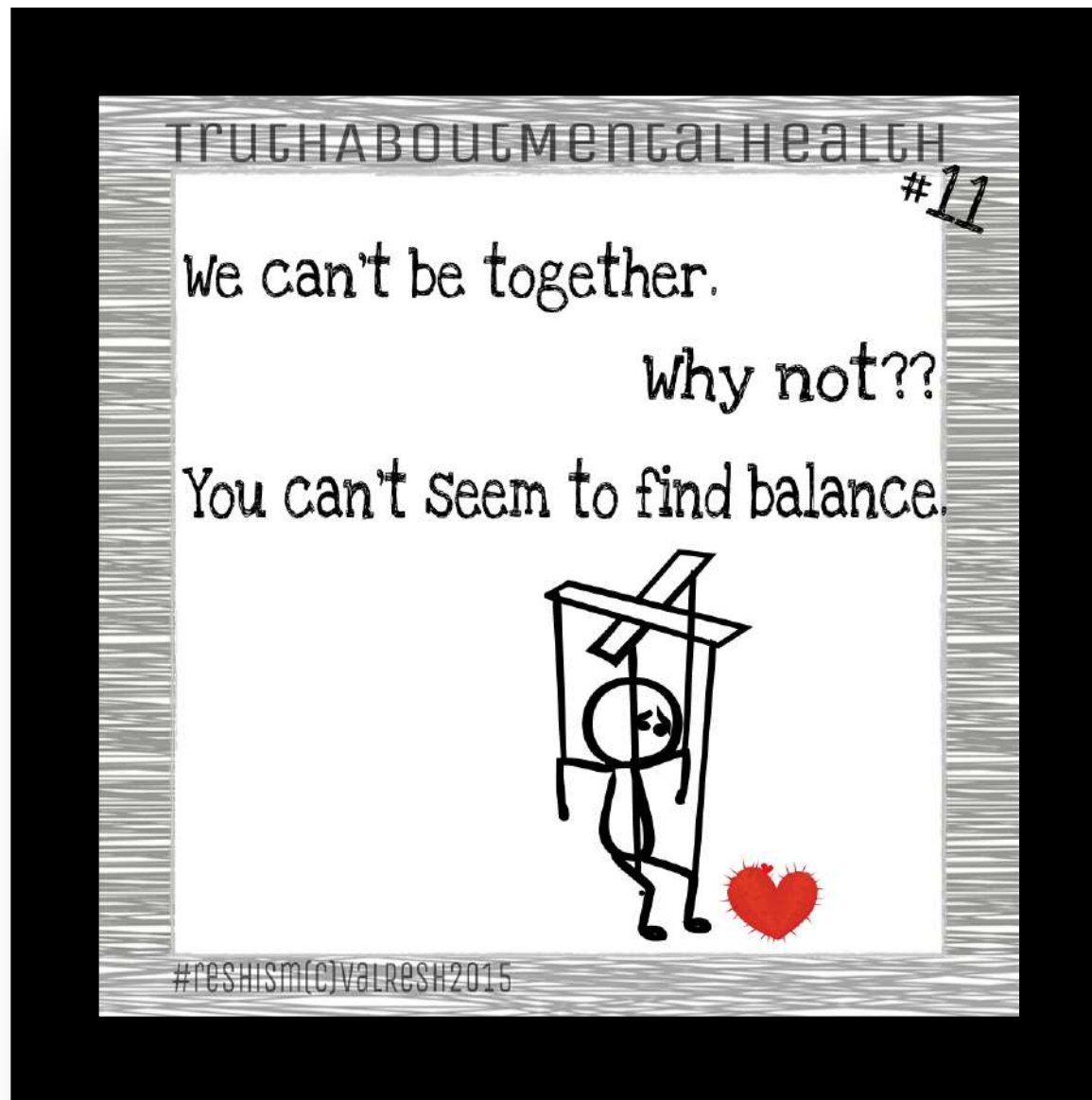
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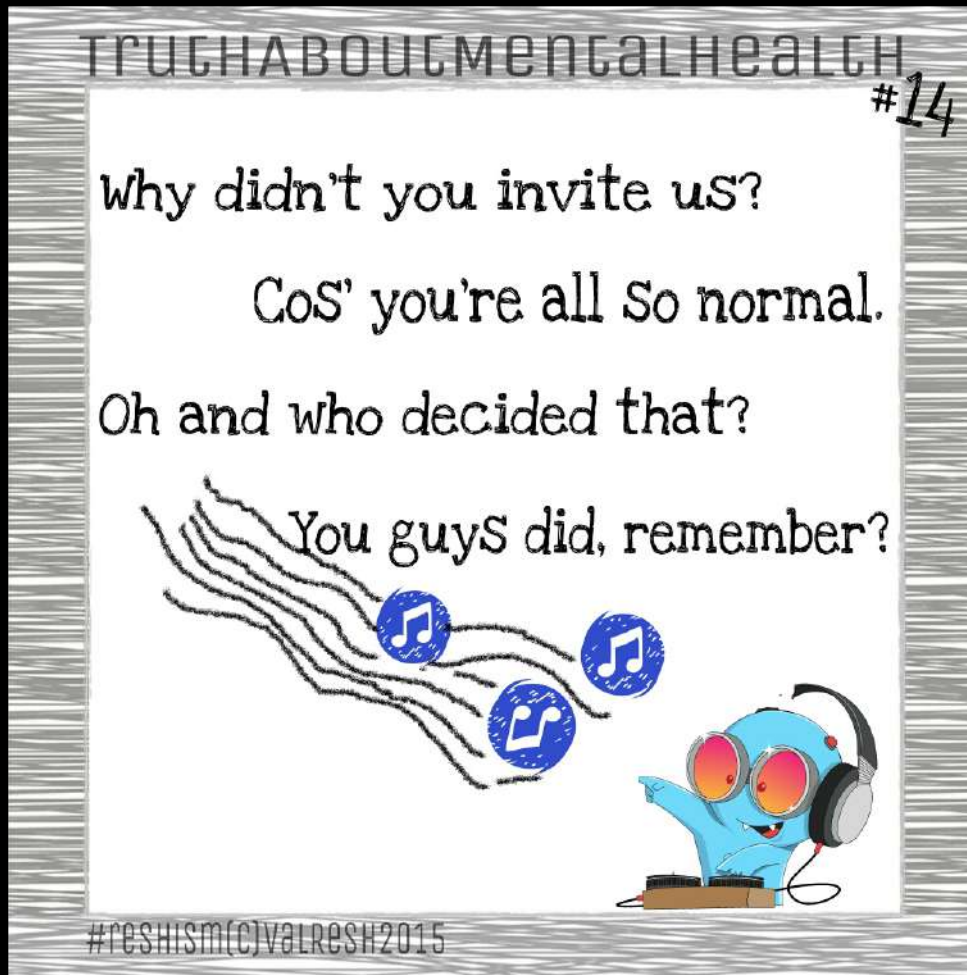
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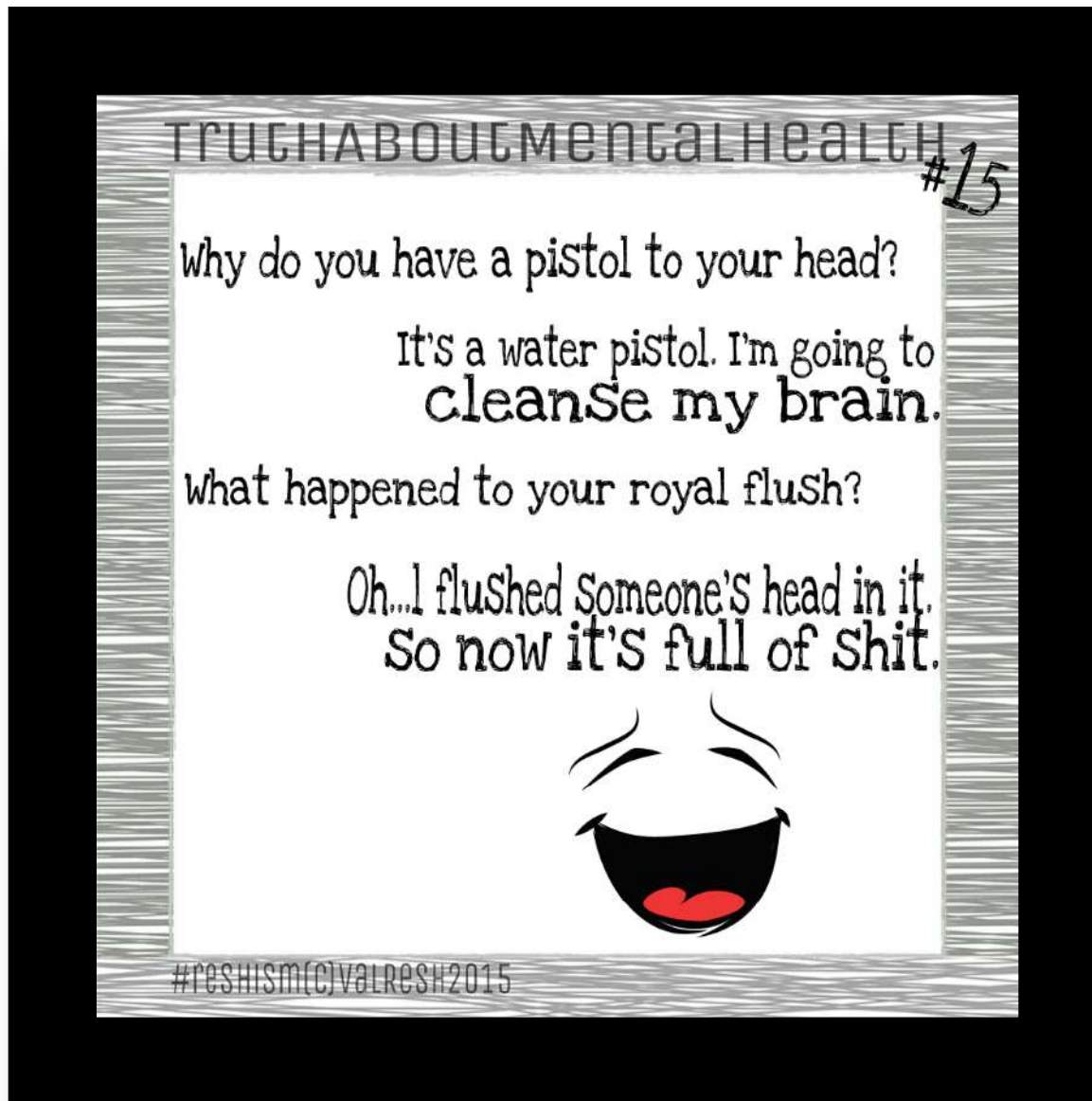
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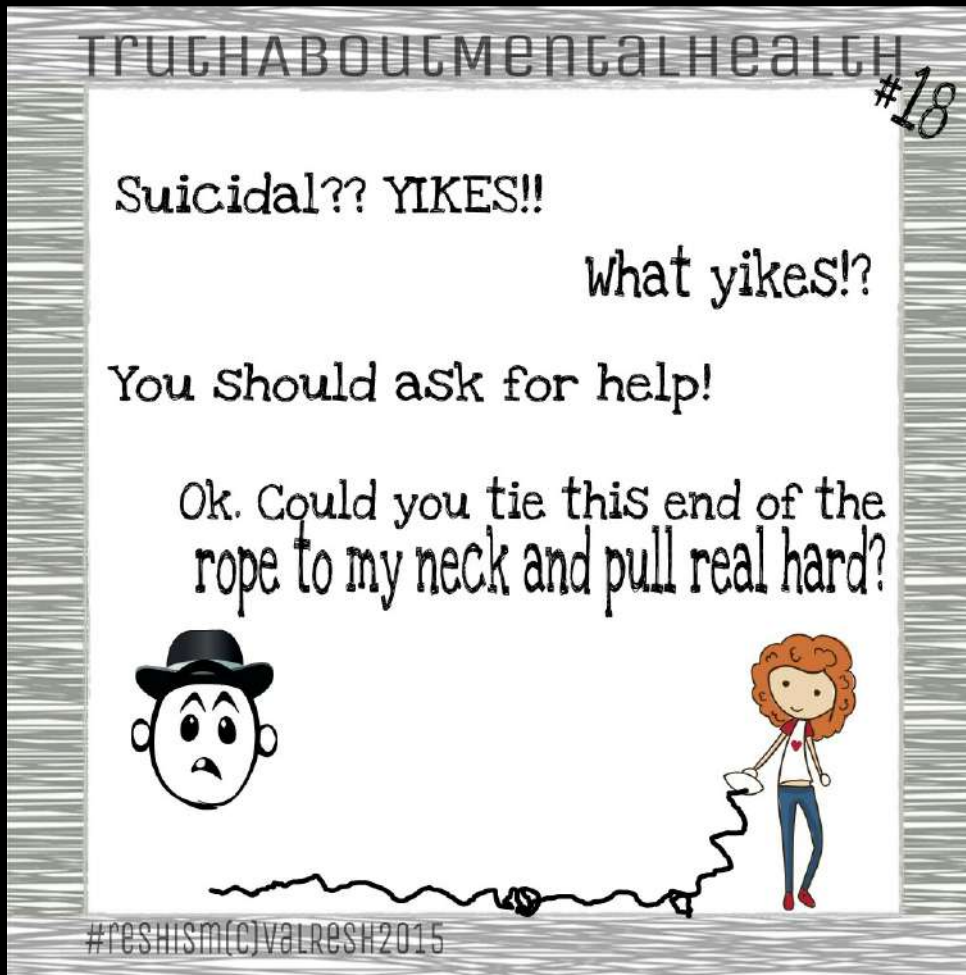
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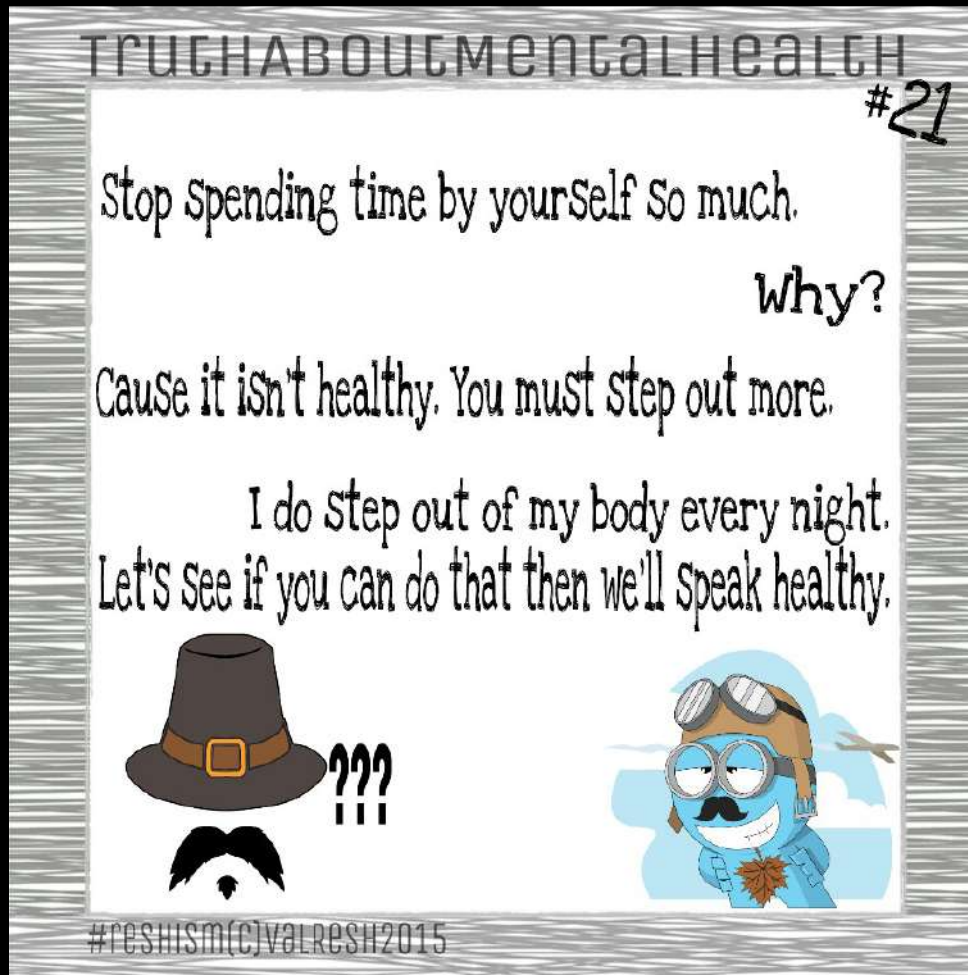
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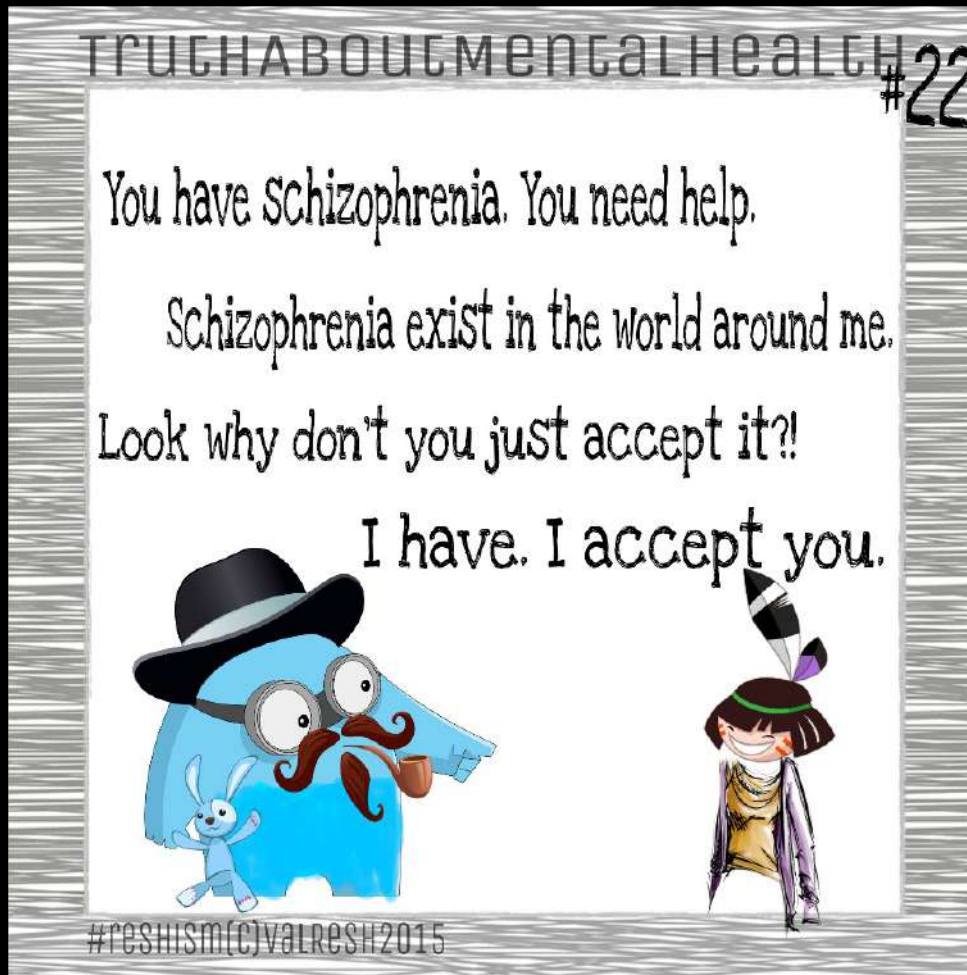
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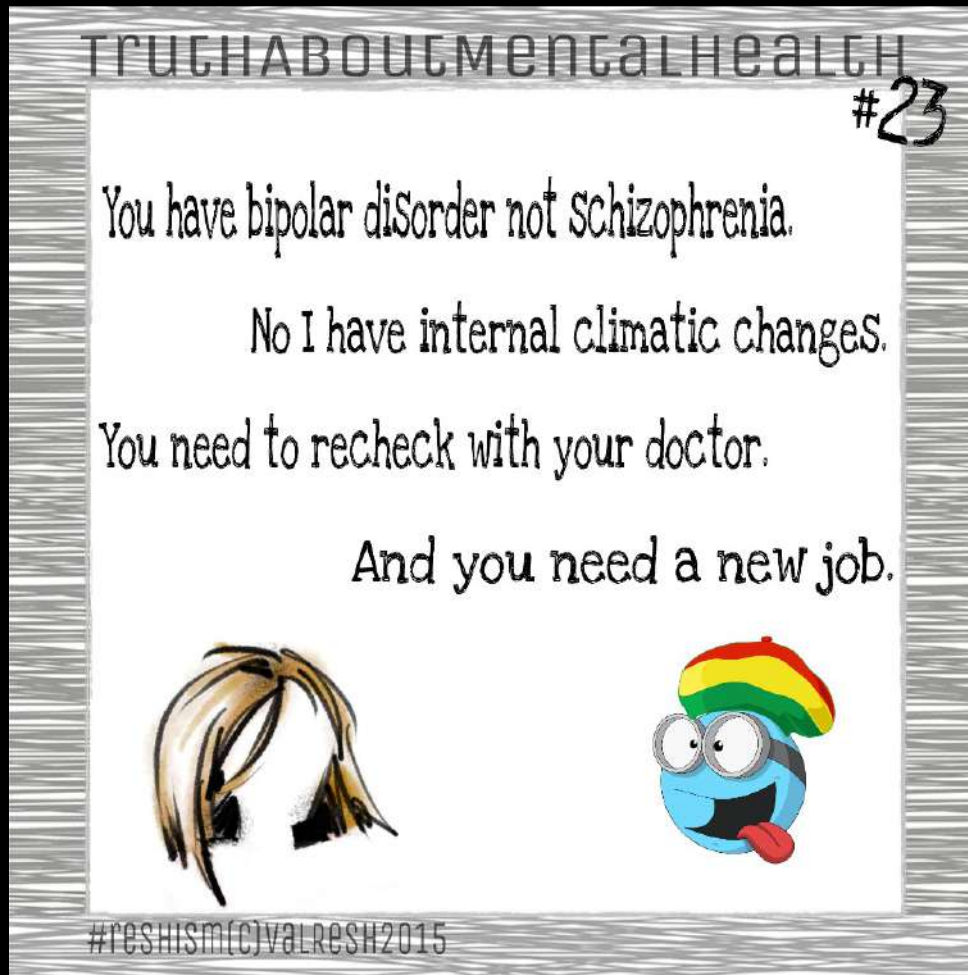
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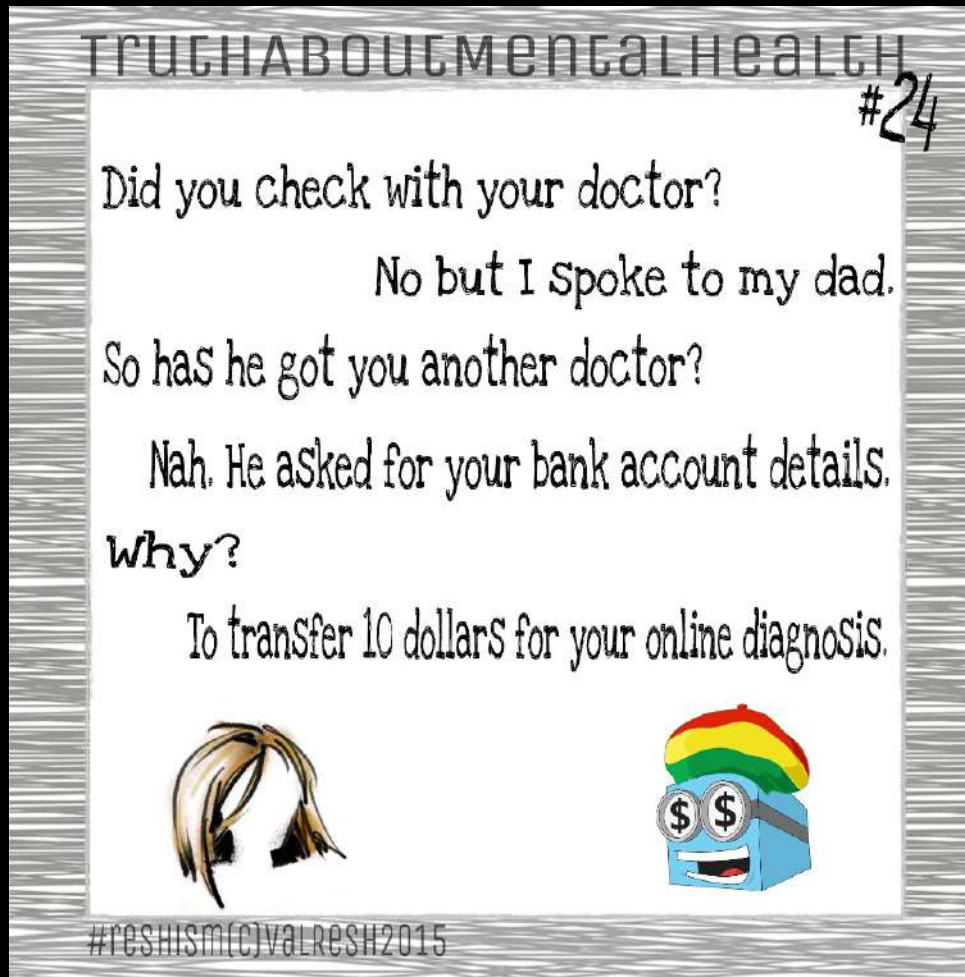
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